

कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 9

कक्षा - 9 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 9

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	اردو (उर्दू)	इतिहास
भूगोल	भूगोल	विज्ञान	विज्ञान	अर्थशास्त्र	हिन्दी	राजनीति विज्ञान
Science	Science	History	History	Mathematics	Political Science	Activities Mathematics/ Science
Mathematics	Mathematics	English	English	Science	Geography	Geography
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/28.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Friday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

कक्षा - 9 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 9

सितंबर 2023

September 2023

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शुक्रवार, 01 सितंबर 2023 Friday, 01 September 2023			
सामान्य	Water Saved	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:02 AM 02:32 AM 05:02 AM 07:33 AM 10:03 AM 12:33 PM 03:04 PM 05:34 PM 08:04 PM 10:34 PM
General	Bhadrasana	English	12:32 AM 03:02 AM 05:33 AM 08:03 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:34 PM 11:04 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	12:34 AM 03:04 AM 05:35 AM 08:05 AM 10:35 AM 01:06 PM 03:36 PM 06:06 PM 08:36 PM 11:07 PM
Mathematics	Chapter 12: Heron's Formula, Part - 1	English	01:07 AM 03:38 AM 06:08 AM 08:38 AM 11:08 AM 01:39 PM 04:09 PM 06:39 PM 09:10 PM 11:40 PM
कहानी	Sanskrit Story: Buddhiryasya Balamtasya	संस्कृत	01:37 AM 04:07 AM 06:38 AM 09:08 AM 11:38 AM 02:08 PM 04:39 PM 07:09 PM 09:39 PM



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

Science	Chapter - 11: Work and Energy	English	01:46 AM 04:16 AM 06:47 AM 09:17 AM 11:47 AM 02:18 PM 04:48 PM 07:18 PM 09:48 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Lazy Daisy Stitch	English	02:24 AM 04:54 AM 07:25 AM 09:55 AM 12:25 PM 02:56 PM 05:26 PM 07:56 PM 10:26 PM
शनिवार, 02 सितंबर 2023 Saturday, 02 September 2023			
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:01 AM 02:31 AM 05:02 AM 07:32 AM 10:02 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:33 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	कार्टूनिस्ट सुधीर तैलंग	हिन्दी	12:31 AM 03:01 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:03 PM 08:33 PM 11:03 PM
हिन्दी	स्पर्श, पाठ 13: नए इलाके में	हिन्दी	12:48 AM 03:18 AM 05:48 AM 08:19 AM 10:49 AM 01:19 PM 03:49 PM 06:19 PM 08:50 PM 11:20 PM
कहानी	Sanskrit Story: Lobhah nashaya	संस्कृत	01:12 AM 03:43 AM 06:13 AM 08:43 AM 11:13 AM 01:43 PM 04:14 PM 06:44 PM 09:14 PM 11:44 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 5: Democratic Rights Part I	English	01:17 AM 03:47 AM 06:17 AM 08:48 AM 11:18 AM 01:48 PM 04:18 PM 06:48 PM 09:19 PM 11:49 PM



Social Science (Geography)	Contemporary India-I, Chapter 6: Population, Part - 1	English	01:49 AM 04:19 AM 06:49 AM 09:19 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:50 PM
General English	Episode 2 Greeting an Acquaintance	English	02:14 AM 04:44 AM 07:14 AM 09:45 AM 12:15 PM 02:45 PM 05:15 PM 07:45 PM 10:16 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:24 PM
रविवार, 03 सितंबर 2023 Sunday, 03 September 2023			
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 1	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
General	Shashankasana	English	12:23 AM 02:53 AM 05:23 AM 07:54 AM 10:24 AM 12:54 PM 03:25 PM 05:55 PM 08:26 PM 10:56 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:25 AM 02:55 AM 05:26 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:58 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 1	हिन्दी	12:39 AM 03:10 AM 05:40 AM 08:10 AM 10:41 AM 01:11 PM 03:41 PM 06:12 PM 08:42 PM 11:13 PM
General	Introduction to MISSION LIFE	English	01:05 AM 03:35 AM 06:06 AM 08:36 AM 11:07 AM 01:37 PM 04:07 PM 06:38 PM 09:08 PM 11:38 PM



Social Science (Economics)	Economics, Chapter 3: Poverty as a Challenge, Part - 1	English	01:07 AM 03:38 AM 06:08 AM 08:39 AM 11:09 AM 01:39 PM 04:10 PM 06:40 PM 09:10 PM 11:41 PM
Social Science (Geography)	Contemporary India-I, Chapter 6: Population, Part - 1	English	01:47 AM 04:17 AM 06:48 AM 09:18 AM 11:48 AM 02:19 PM 04:49 PM 07:20 PM 09:50 PM
कहानी	Sanskrit Story: Buddhiryasya Balamtasya	संस्कृत	02:12 AM 04:42 AM 07:13 AM 09:43 AM 12:14 PM 02:44 PM 05:14 PM 07:45 PM 10:15 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Stem Stitch	English	02:25 AM 04:55 AM 07:26 AM 09:56 AM 12:27 PM 02:57 PM 05:27 PM 07:58 PM 10:28 PM
सोमवार, 04 सितंबर 2023 Monday, 04 September 2023			
Cold Wave	Coldwave - शीतलहर से पहले और उसके दौरान किसान क्या करें - क्या ना करें	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
हिन्दी	स्पर्श, पाठ 13: नए इलाके में	हिन्दी	12:10 AM 02:41 AM 05:11 AM 07:41 AM 10:11 AM 12:42 PM 03:12 PM 05:42 PM 08:13 PM 10:43 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:36 AM 01:06 PM 03:36 PM 06:07 PM 08:37 PM 11:07 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:37 AM 03:08 AM 05:38 AM 08:08 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:40 PM 11:10 PM



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

सामान्य	Water Saved	हिन्दी	01:06 AM 03:36 AM 06:06 AM 08:37 AM 11:07 AM 01:37 PM 04:07 PM 06:38 PM 09:08 PM 11:38 PM
Science	Chapter - 11: Work and Energy	English	01:07 AM 03:37 AM 06:07 AM 08:38 AM 11:08 AM 01:38 PM 04:09 PM 06:39 PM 09:09 PM 11:39 PM
Mathematics	Chapter 12: Heron's Formula, Part - 2	English	01:47 AM 04:17 AM 06:47 AM 09:18 AM 11:48 AM 02:18 PM 04:49 PM 07:19 PM 09:49 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:53 AM 07:23 AM 09:54 AM 12:24 PM 02:54 PM 05:24 PM 07:55 PM 10:25 PM
मंगलवार, 05 सितंबर 2023 Tuesday, 05 September 2023			
हिन्दी	स्पर्श, पाठ 13: नए इलाके में	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:32 PM
General	Ustrasana	English	12:25 AM 02:55 AM 05:25 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:57 PM 08:27 PM 10:57 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:28 AM 02:58 AM 05:28 AM 07:59 AM 10:29 AM 12:59 PM 03:29 PM 06:00 PM 08:30 PM 11:00 PM
Cyclone	Cyclone - Secure your house	English	12:56 AM 03:26 AM 05:57 AM 08:27 AM 10:57 AM 01:27 PM 03:58 PM 06:28 PM 08:58 PM 11:28 PM



Science	Chapter - 11: Work and Energy	English	12:57 AM 03:27 AM 05:58 AM 08:28 AM 10:58 AM 01:28 PM 03:59 PM 06:29 PM 08:59 PM 11:29 PM
Mathematics	Chapter 12: Heron's Formula, Part - 3	English	01:49 AM 04:19 AM 06:49 AM 09:20 AM 11:50 AM 02:20 PM 04:50 PM 07:20 PM 09:51 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	02:20 AM 04:50 AM 07:20 AM 09:51 AM 12:21 PM 02:51 PM 05:21 PM 07:52 PM 10:22 PM
बुधवार, 06 सितंबर 2023 Wednesday, 06 September 2023			
गणित	पाठ 12: हीरोन का सूत्र	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
Cyclone	Cyclone - घर के भीतर रह कर के चक्रवात से सुरक्षा	Hindi	12:34 AM 03:05 AM 05:36 AM 08:06 AM 10:37 AM 01:08 PM 03:38 PM 06:09 PM 08:39 PM 11:10 PM
विज्ञान	पाठ 11: कार्य तथा ऊर्जा	हिन्दी	12:35 AM 03:06 AM 05:36 AM 08:07 AM 10:38 AM 01:08 PM 03:39 PM 06:10 PM 08:40 PM 11:11 PM
Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part I	English	01:13 AM 03:43 AM 06:14 AM 08:45 AM 11:15 AM 01:46 PM 04:17 PM 06:47 PM 09:18 PM 11:49 PM
English	Moments, Chapter - 1: The Lost Child, Part - 1	English	01:55 AM 04:25 AM 06:56 AM 09:27 AM 11:57 AM 02:28 PM 04:59 PM 07:29 PM 10:00 PM



Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Split Stitch	English	02:24 AM 04:55 AM 07:25 AM 09:56 AM 12:27 PM 02:57 PM 05:28 PM 07:59 PM 10:29 PM
बृहस्पतिवार, 07 सितंबर 2023 Thursday, 07 September 2023			
गणित	पाठ 12: हीरोन का सूत्र	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	English	12:34 AM 03:04 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:06 PM
विज्ञान	पाठ 11: कार्य तथा ऊर्जा	हिन्दी	12:36 AM 03:06 AM 05:37 AM 08:07 AM 10:37 AM 01:07 PM 03:37 PM 06:08 PM 08:38 PM 11:08 PM
Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part I	English	01:16 AM 03:46 AM 06:16 AM 08:46 AM 11:17 AM 01:47 PM 04:17 PM 06:47 PM 09:17 PM 11:48 PM
General	Pawanmuktasana	English	01:54 AM 04:24 AM 06:54 AM 09:25 AM 11:55 AM 02:25 PM 04:55 PM 07:25 PM 09:56 PM
English	Moments, Chapter - 1: The Lost Child, Part - 2	English	01:57 AM 04:27 AM 06:57 AM 09:28 AM 11:58 AM 02:28 PM 04:58 PM 07:28 PM 09:59 PM
General	Safety and Security against Violence and Injuries	English	02:17 AM 04:47 AM 07:17 AM 09:48 AM 12:18 PM 02:48 PM 05:18 PM 07:48 PM 10:19 PM



Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Herringbone Stitch	English	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:23 PM 02:54 PM 05:24 PM 07:54 PM 10:24 PM
शुक्रवार, 08 सितंबर 2023 Friday, 08 September 2023			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:31 AM 03:01 AM 05:32 AM 08:02 AM 10:32 AM 01:03 PM 03:33 PM 06:03 PM 08:34 PM 11:04 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 3: निर्धनता एक चुनौती	हिन्दी	12:31 AM 03:02 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:34 PM 11:05 PM
General	Pawanmuktasana	English	01:01 AM 03:31 AM 06:01 AM 08:32 AM 11:02 AM 01:32 PM 04:03 PM 06:33 PM 09:04 PM 11:34 PM
Science	Chapter - 11: Work and Energy	English	01:04 AM 03:34 AM 06:04 AM 08:35 AM 11:05 AM 01:36 PM 04:06 PM 06:36 PM 09:07 PM 11:37 PM
Mathematics	Chapter 12: Heron's Formula, Part - 3	English	01:44 AM 04:14 AM 06:44 AM 09:15 AM 11:45 AM 02:15 PM 04:46 PM 07:16 PM 09:47 PM
General English	Episode 3 Greeting Strangers	English	02:15 AM 04:45 AM 07:15 AM 09:46 AM 12:16 PM 02:47 PM 05:17 PM 07:47 PM 10:18 PM



Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Types of Design	English	02:27 AM 04:57 AM 07:27 AM 09:58 AM 12:28 PM 02:59 PM 05:29 PM 07:59 PM 10:30 PM
शनिवार, 09 सितंबर 2023 Saturday, 09 September 2023			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
हिन्दी	स्पर्श, पाठ 13: नए इलाके में	हिन्दी	12:50 AM 03:20 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:51 PM 06:21 PM 08:51 PM 11:21 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	दौड़	हिन्दी	01:15 AM 03:45 AM 06:15 AM 08:45 AM 11:15 AM 01:45 PM 04:15 PM 06:45 PM 09:15 PM 11:45 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 5: Democratic Rights Part I	English	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:36 PM
Social Science (Geography)	Contemporary India-I, Chapter 6: Population, Part - 2	English	02:05 AM 04:35 AM 07:05 AM 09:35 AM 12:05 PM 02:35 PM 05:05 PM 07:35 PM 10:05 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:23 PM 02:53 PM 05:23 PM 07:53 PM 10:23 PM
रविवार, 10 सितंबर 2023 Sunday, 10 September 2023			



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 1	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:23 AM 02:53 AM 05:23 AM 07:53 AM 10:23 AM 12:53 PM 03:23 PM 05:53 PM 08:24 PM 10:54 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 1	हिन्दी	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:27 PM 10:57 PM
स्वास्थ्य, शारीरिक शिक्षा, योग , खेल कूद	कबड्डी	हिन्दी	12:51 AM 03:22 AM 05:52 AM 08:22 AM 10:52 AM 01:22 PM 03:52 PM 06:22 PM 08:52 PM 11:22 PM
Social Science (Economics)	Economics, Chapter 3: Poverty as a Challenge, Part - 2	English	01:16 AM 03:46 AM 06:16 AM 08:46 AM 11:16 AM 01:46 PM 04:17 PM 06:47 PM 09:17 PM 11:47 PM
सामान्य	इंटरनेट पर ऐसे रहें सेफ	हिन्दी	01:53 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:53 PM 07:23 PM 09:54 PM
Social Science (Geography)	Contemporary India-I, Chapter 6: Population, Part - 2	English	02:02 AM 04:33 AM 07:03 AM 09:33 AM 12:03 PM 02:33 PM 05:03 PM 07:33 PM 10:03 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	02:18 AM 04:48 AM 07:18 AM 09:48 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:19 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	02:21 AM 04:51 AM 07:21 AM 09:51 AM 12:22 PM



			02:52 PM 05:22 PM 07:52 PM 10:22 PM
सोमवार, 11 सितंबर 2023 Monday, 11 September 2023			
General English	Episode 4 Meeting People: Pleased to meet you	English	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM
हिन्दी	स्पर्श, पाठ 13: खुशबु रचते हैं हाथ	हिन्दी	12:14 AM 02:45 AM 05:16 AM 07:46 AM 10:17 AM 12:48 PM 03:18 PM 05:49 PM 08:20 PM 10:51 PM
सामान्य	पोषण ,स्वास्थ्य और स्वच्छता	हिन्दी	12:31 AM 03:02 AM 05:33 AM 08:03 AM 10:34 AM 01:05 PM 03:36 PM 06:06 PM 08:37 PM 11:08 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:38 AM 03:09 AM 05:39 AM 08:10 AM 10:41 AM 01:12 PM 03:42 PM 06:13 PM 08:44 PM 11:14 PM
Science	Chapter - 11: Work and Energy	English	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:11 AM 01:41 PM 04:12 PM 06:43 PM 09:14 PM 11:44 PM
Mathematics	Chapter 12: Heron's Formula	English	01:48 AM 04:19 AM 06:49 AM 09:20 AM 11:51 AM 02:21 PM 04:52 PM 07:23 PM 09:54 PM
General	Ardha Chakrasana	English	02:20 AM 04:50 AM 07:21 AM 09:52 AM 12:23 PM 02:53 PM 05:24 PM 07:55 PM 10:25 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	02:22 AM 04:52 AM 07:23 AM 09:54 AM 12:25 PM



			02:55 PM 05:26 PM 07:57 PM 10:27 PM
मंगलवार, 12 सितंबर 2023 Tuesday, 12 September 2023			
हिन्दी	स्पर्श, पाठ 13: खुशबु रचते हैं हाथ	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 5: प्राकृतिक वनस्पति तथा वन्य प्राणी	हिन्दी	12:20 AM 02:50 AM 05:21 AM 07:51 AM 10:22 AM 12:53 PM 03:23 PM 05:54 PM 08:25 PM 10:55 PM
General English	Episode 5 Giving Advice 1	English	12:48 AM 03:18 AM 05:49 AM 08:20 AM 10:50 AM 01:21 PM 03:52 PM 06:22 PM 08:53 PM 11:23 PM
Science	Chapter - 11: Work and Energy	English	01:01 AM 03:32 AM 06:03 AM 08:33 AM 11:04 AM 01:35 PM 04:05 PM 06:36 PM 09:06 PM 11:37 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	प्रिंट आर्ट	हिन्दी	01:38 AM 04:08 AM 06:39 AM 09:09 AM 11:40 AM 02:11 PM 04:41 PM 07:12 PM 09:43 PM
Mathematics	Chapter 12: Heron's Formula	English	01:58 AM 04:29 AM 07:00 AM 09:30 AM 12:01 PM 02:31 PM 05:02 PM 07:33 PM 10:03 PM
बुधवार, 13 सितंबर 2023 Wednesday, 13 September 2023			
गणित	पाठ 12: हीरोन का सूत्र	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:37 PM



सांस्कृतिक विरासत: कला, संगीत और नृत्य	अजरख ब्लॉक प्रिंट	हिन्दी	12:34 AM 03:05 AM 05:36 AM 08:07 AM 10:38 AM 01:09 PM 03:40 PM 06:10 PM 08:41 PM 11:12 PM
विज्ञान	पाठ 11: कार्य तथा ऊर्जा	हिन्दी	12:42 AM 03:13 AM 05:44 AM 08:15 AM 10:46 AM 01:16 PM 03:47 PM 06:18 PM 08:49 PM 11:20 PM
Science(General)	The gravitational force between two uniform objects is directed along the line joining their centres	English	01:18 AM 03:49 AM 06:20 AM 08:51 AM 11:21 AM 01:52 PM 04:23 PM 06:54 PM 09:25 PM 11:56 PM
Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part II	English	01:22 AM 03:53 AM 06:23 AM 08:54 AM 11:25 AM 01:56 PM 04:27 PM 06:58 PM 09:29 PM
General	Emotional well being and mental health	English	01:56 AM 04:27 AM 06:58 AM 09:29 AM 12:00 PM 02:30 PM 05:01 PM 07:32 PM 10:03 PM
English	Moments, Chapter - 2: The Adventures of Toto	English	02:01 AM 04:32 AM 07:03 AM 09:34 AM 12:04 PM 02:35 PM 05:06 PM 07:37 PM 10:08 PM
बृहस्पतिवार, 14 सितंबर 2023 Thursday, 14 September 2023			
गणित	पाठ 12: हीरोन का सूत्र	हिन्दी	12:00 AM 02:31 AM 05:03 AM 07:35 AM 10:06 AM 12:38 PM 03:10 PM 05:41 PM 08:13 PM 10:45 PM
विज्ञान	पाठ 11: कार्य तथा ऊर्जा	हिन्दी	12:34 AM 03:06 AM 05:38 AM 08:09 AM 10:41 AM 01:13 PM 03:44 PM 06:16 PM 08:48 PM 11:20 PM



Social Science (History)	India and the Contemporary World-I, Ch - 5: Pastoralists in the Modern World Part II	English	01:27 AM 03:59 AM 06:31 AM 09:03 AM 11:34 AM 02:06 PM 04:38 PM 07:09 PM 09:41 PM
English	Moments, Chapter - 2: The Adventures of Toto	English	02:02 AM 04:33 AM 07:05 AM 09:37 AM 12:09 PM 02:40 PM 05:12 PM 07:44 PM 10:15 PM
शुक्रवार, 15 सितंबर 2023 Friday, 15 September 2023			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम् भाग - 1	संस्कृत	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:38 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	हिन्दी	12:33 AM 03:03 AM 05:34 AM 08:05 AM 10:36 AM 01:07 PM 03:38 PM 06:09 PM 08:40 PM 11:11 PM
स्वास्थ्य, शारीरिक शिक्षा, योग, खेल कूद	कबड्डी	हिन्दी	12:54 AM 03:25 AM 05:56 AM 08:27 AM 10:58 AM 01:29 PM 04:00 PM 06:30 PM 09:01 PM 11:32 PM
Mathematics	Chapter 12: Heron's Formula	English	01:18 AM 03:49 AM 06:20 AM 08:51 AM 11:22 AM 01:53 PM 04:24 PM 06:55 PM 09:26 PM 11:57 PM
General	Emotional well being and mental health	English	01:50 AM 04:21 AM 06:52 AM 09:23 AM 11:54 AM 02:25 PM 04:56 PM 07:27 PM 09:58 PM
Science	Chapter - 12: Sound	English	01:55 AM 04:26 AM 06:57 AM 09:28 AM 11:59 AM 02:30 PM 05:01 PM 07:32 PM 10:03 PM



Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	02:25 AM 04:56 AM 07:27 AM 09:58 AM 12:29 PM 03:00 PM 05:30 PM 08:01 PM 10:32 PM
शनिवार, 16 सितंबर 2023 Saturday, 16 September 2023			
सामान्य	इंटरनेट और सोशल मीडिया के सुरक्षित उपयोग को बढ़ावा देना	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM
संस्कृत	पाठ 5: सूक्तिमौक्तिकम् भाग - 1	संस्कृत	12:14 AM 02:44 AM 05:15 AM 07:46 AM 10:16 AM 12:47 PM 03:18 PM 05:48 PM 08:19 PM 10:50 PM
Landslide	Landslide - भूस्खलन के बाद क्या करें और क्या न करें - 02	Hindi	12:45 AM 03:16 AM 05:47 AM 08:17 AM 10:48 AM 01:19 PM 03:49 PM 06:20 PM 08:51 PM 11:21 PM
हिन्दी	स्पर्श, पाठ 13: खुशबु रचते हैं हाथ	हिन्दी	12:47 AM 03:17 AM 05:48 AM 08:19 AM 10:49 AM 01:20 PM 03:51 PM 06:21 PM 08:52 PM 11:23 PM
कहानी	Sanskrit Story: Bhupati Mayadas	संस्कृत	01:04 AM 03:34 AM 06:05 AM 08:36 AM 11:06 AM 01:37 PM 04:08 PM 06:38 PM 09:09 PM 11:40 PM
Social Science (Political Science)	Democratic Politics-I, Chapter 5: Democratic Rights Part I	English	01:13 AM 03:43 AM 06:14 AM 08:45 AM 11:15 AM 01:46 PM 04:17 PM 06:47 PM 09:18 PM 11:49 PM
Social Science (Geography)	Contemporary India-I, Chapter 6: Population	English	02:00 AM 04:30 AM 07:01 AM 09:32 AM 12:02 PM 02:33 PM 05:04 PM 07:34 PM 10:05 PM



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:54 AM 07:25 AM 09:55 AM 12:26 PM 02:57 PM 05:27 PM 07:58 PM 10:29 PM
रविवार, 17 सितंबर 2023 Sunday, 17 September 2023			
General	Nadishodhan Pranayam	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 2	हिन्दी	12:04 AM 02:34 AM 05:05 AM 07:35 AM 10:05 AM 12:35 PM 03:06 PM 05:36 PM 08:06 PM 10:36 PM
सामान्य	Sustainable Food Systems Adopted	हिन्दी	12:26 AM 02:56 AM 05:26 AM 07:57 AM 10:27 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:58 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 2	हिन्दी	12:26 AM 02:57 AM 05:27 AM 07:57 AM 10:27 AM 12:58 PM 03:28 PM 05:58 PM 08:28 PM 10:59 PM
Social Science (Economics)	Economics, Chapter -4: Food Security In India	English	01:00 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM 01:32 PM 04:02 PM 06:32 PM 09:02 PM 11:33 PM
स्वास्थ्य, शारीरिक शिक्षा, योग , खेल कूद	कबड्डी	हिन्दी	01:29 AM 04:00 AM 06:30 AM 09:00 AM 11:30 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
Social Science (Geography)	Contemporary India-I, Chapter 6: Population	English	01:54 AM 04:24 AM 06:54 AM 09:25 AM 11:55 AM 02:25 PM 04:55 PM 07:26 PM 09:56 PM



Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	02:17 AM 04:48 AM 07:18 AM 09:48 AM 12:18 PM 02:49 PM 05:19 PM 07:49 PM 10:19 PM
सोमवार, 18 सितंबर 2023 Monday, 18 September 2023			
General English	Episode 7 Making Requests 1	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
हिन्दी	क्षितिज, पाठ 11: सवैये	हिन्दी	12:12 AM 02:42 AM 05:13 AM 07:43 AM 10:13 AM 12:44 PM 03:14 PM 05:45 PM 08:15 PM 10:45 PM
General	Nadishodhan Pranayam	English	12:41 AM 03:11 AM 05:41 AM 08:12 AM 10:42 AM 01:13 PM 03:43 PM 06:13 PM 08:44 PM 11:14 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:44 AM 03:14 AM 05:45 AM 08:15 AM 10:46 AM 01:16 PM 03:46 PM 06:17 PM 08:47 PM 11:18 PM
Science	Chapter - 12: Sound, Part - I	English	01:17 AM 03:47 AM 06:18 AM 08:48 AM 11:18 AM 01:49 PM 04:19 PM 06:50 PM 09:20 PM 11:50 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	01:45 AM 04:16 AM 06:46 AM 09:16 AM 11:47 AM 02:17 PM 04:48 PM 07:18 PM 09:48 PM
Mathematics	Chapter 13: Surface Areas and Volumes	English	01:54 AM 04:24 AM 06:55 AM 09:25 AM 11:55 AM 02:26 PM 04:56 PM 07:27 PM 09:57 PM



General	Safe Use of Internet_Gadgets and Media	English	02:20 AM 04:51 AM 07:21 AM 09:51 AM 12:22 PM 02:52 PM 05:23 PM 07:53 PM 10:23 PM
मंगलवार, 19 सितंबर 2023 Tuesday, 19 September 2023			
General English	Episode 8 Making Requests 2	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:31 PM
हिन्दी	क्षितिज, पाठ 11: सवैये	हिन्दी	12:09 AM 02:39 AM 05:09 AM 07:39 AM 10:09 AM 12:39 PM 03:09 PM 05:39 PM 08:09 PM 10:40 PM
सामान्य	प्लास्टिक बैग डेमों	हिन्दी	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:36 AM 01:06 PM 03:36 PM 06:06 PM 08:36 PM 11:06 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:43 AM 03:13 AM 05:43 AM 08:13 AM 10:43 AM 01:14 PM 03:44 PM 06:14 PM 08:44 PM 11:14 PM
General English	Episode 9 Agreeing 1	English	01:18 AM 03:48 AM 06:18 AM 08:48 AM 11:18 AM 01:49 PM 04:19 PM 06:49 PM 09:19 PM 11:49 PM
Science	Chapter - 12: Sound, Part - I	English	01:29 AM 03:59 AM 06:29 AM 08:59 AM 11:30 AM 02:00 PM 04:30 PM 07:00 PM 09:30 PM
सामान्य	ध्यान	हिन्दी	01:58 AM 04:28 AM 06:58 AM 09:28 AM 11:58 AM 02:28 PM 04:58 PM 07:28 PM 09:58 PM



Mathematics	Chapter 13: Surface Areas and Volumes	English	02:02 AM 04:32 AM 07:02 AM 09:32 AM 12:02 PM 02:32 PM 05:02 PM 07:32 PM 10:03 PM
बुधवार, 20 सितंबर 2023 Wednesday, 20 September 2023			
गणित	पाठ 13: पृष्ठीय क्षेत्रफल और आयतन , भाग - 1	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
Urban Floods	Urban Flood - शहरी बाढ़ क्यों आती है	Hindi	12:30 AM 03:00 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:31 PM 06:01 PM 08:31 PM 11:02 PM
विज्ञान	पाठ 12: ध्वनि	हिन्दी	12:31 AM 03:02 AM 05:32 AM 08:02 AM 10:32 AM 01:02 PM 03:32 PM 06:02 PM 08:33 PM 11:03 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 5: Pastoralists in the Modern World	English	01:03 AM 03:33 AM 06:04 AM 08:34 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:35 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	नेशनल रोल प्ले २०१४ - अजमेर	हिन्दी	01:30 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
English	Beehive, Chapter - 11: If I Were You	English	01:41 AM 04:11 AM 06:41 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM
General	Gender Equality	English	02:12 AM 04:42 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:13 PM 07:43 PM 10:13 PM



Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:19 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:50 PM 05:20 PM 07:50 PM 10:20 PM
बृहस्पतिवार, 21 सितंबर 2023 Thursday, 21 September 2023			
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
गणित	पाठ 13: पृष्ठीय क्षेत्रफल और आयतन , भाग - 1	हिन्दी	12:04 AM 02:34 AM 05:05 AM 07:36 AM 10:06 AM 12:37 PM 03:07 PM 05:38 PM 08:09 PM 10:39 PM
सामान्य	सूर्य नमस्कार	हिन्दी	12:33 AM 03:04 AM 05:35 AM 08:05 AM 10:36 AM 01:06 PM 03:37 PM 06:08 PM 08:38 PM 11:09 PM
विज्ञान	पाठ 12: ध्वनि	हिन्दी	12:40 AM 03:11 AM 05:41 AM 08:12 AM 10:43 AM 01:13 PM 03:44 PM 06:14 PM 08:45 PM 11:16 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 5: Pastoralists in the Modern World	English	01:12 AM 03:43 AM 06:13 AM 08:44 AM 11:14 AM 01:45 PM 04:16 PM 06:46 PM 09:17 PM 11:47 PM
English	Beehive, Chapter - 11: If I Were You	English	01:41 AM 04:11 AM 06:42 AM 09:13 AM 11:43 AM 02:14 PM 04:44 PM 07:15 PM 09:46 PM
कहानी	Sanskrit Story: Bhupati Mayadas	संस्कृत	02:11 AM 04:42 AM 07:13 AM 09:43 AM 12:14 PM 02:44 PM 05:15 PM 07:46 PM 10:16 PM



Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	02:20 AM 04:51 AM 07:21 AM 09:52 AM 12:23 PM 02:53 PM 05:24 PM 07:54 PM 10:25 PM
शुक्रवार, 22 सितंबर 2023 Friday, 22 September 2023			
General	Setu Bandhasana	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:33 PM
संस्कृत	पाठ 5: सूक्तिमौक्तिकम् भाग - 1	संस्कृत	12:03 AM 02:34 AM 05:04 AM 07:34 AM 10:05 AM 12:35 PM 03:06 PM 05:36 PM 08:07 PM 10:37 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 1	हिन्दी	12:37 AM 03:07 AM 05:38 AM 08:08 AM 10:39 AM 01:09 PM 03:40 PM 06:10 PM 08:40 PM 11:11 PM
General	Promotion of Healthy Lifestyle	English	12:59 AM 03:29 AM 05:59 AM 08:30 AM 11:00 AM 01:31 PM 04:01 PM 06:32 PM 09:02 PM 11:32 PM
Mathematics	Chapter 13: Surface Areas and Volumes	English	01:04 AM 03:35 AM 06:05 AM 08:36 AM 11:06 AM 01:37 PM 04:07 PM 06:37 PM 09:08 PM 11:38 PM
कहानी	बबलू की नाव	हिन्दी	01:31 AM 04:01 AM 06:32 AM 09:02 AM 11:32 AM 02:03 PM 04:33 PM 07:04 PM 09:34 PM
Science	Chapter - 12: Sound, Part - II	English	01:52 AM 04:22 AM 06:53 AM 09:23 AM 11:54 AM 02:24 PM 04:55 PM 07:25 PM 09:55 PM



कहानी	Sanskrit Story: Chatur Banar	संस्कृत	02:20 AM 04:50 AM 07:21 AM 09:51 AM 12:22 PM 02:52 PM 05:22 PM 07:53 PM 10:23 PM
Hand Embroiderer	Hand Embroiderer, Unit 1 Session 2: Designs and Tracing Methods - Heat Method	English	02:28 AM 04:59 AM 07:29 AM 10:00 AM 12:30 PM 03:00 PM 05:31 PM 08:01 PM 10:32 PM
शनिवार, 23 सितंबर 2023 Saturday, 23 September 2023			
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:08 AM 02:39 AM 05:09 AM 07:40 AM 10:10 AM 12:41 PM 03:11 PM 05:42 PM 08:13 PM 10:43 PM
हिन्दी	क्षितिज, पाठ 11: सबैये	हिन्दी	12:40 AM 03:10 AM 05:41 AM 08:12 AM 10:42 AM 01:13 PM 03:43 PM 06:14 PM 08:44 PM 11:15 PM
सामान्य	मून एंड आर्टिफीसियल सेंटलाइट	हिन्दी	01:06 AM 03:37 AM 06:08 AM 08:38 AM 11:09 AM 01:39 PM 04:10 PM 06:40 PM 09:11 PM 11:41 PM
Social Science (Political Science)	Democratic Politics-I, Chapter - 5: Democratic Rights	English	01:23 AM 03:54 AM 06:25 AM 08:55 AM 11:26 AM 01:56 PM 04:27 PM 06:57 PM 09:28 PM 11:58 PM
Social Science (Geography)	Contemporary India-I, Chapter 6: Population	English	01:51 AM 04:21 AM 06:52 AM 09:22 AM 11:53 AM 02:23 PM 04:54 PM 07:24 PM 09:55 PM



कहानी	Sanskrit Story: Bhupati Mayadas	संस्कृत	02:14 AM 04:45 AM 07:15 AM 09:46 AM 12:16 PM 02:47 PM 05:18 PM 07:48 PM 10:19 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:56 PM 05:26 PM 07:57 PM 10:27 PM
रविवार, 24 सितंबर 2023 Sunday, 24 September 2023			
Cultural Heritage: Art, Music & Dance	Folk Dance - Arunachal Pradesh	Musical	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:04 PM 05:35 PM 08:06 PM 10:37 PM
सामाजिक विज्ञान (भारत और समकालीन विश्व I)	भारत और समकालीन विश्व- I, पाठ 5, आधुनिक विश्व में चरवाहे, भाग - 2	हिन्दी	12:11 AM 02:41 AM 05:12 AM 07:43 AM 10:14 AM 12:45 PM 03:16 PM 05:46 PM 08:17 PM 10:48 PM
Laboratory experimental demonstration and animation videos	Characteristics of Plants	English	12:32 AM 03:03 AM 05:34 AM 08:05 AM 10:36 AM 01:06 PM 03:37 PM 06:08 PM 08:39 PM 11:10 PM
सामाजिक विज्ञान (लोकतांत्रिक राजनीति)	लोकतांत्रिक राजनीति-1, पाठ 5: लोकतांत्रिक अधिकार, भाग - 2	हिन्दी	12:41 AM 03:12 AM 05:43 AM 08:14 AM 10:45 AM 01:15 PM 03:46 PM 06:17 PM 08:48 PM 11:19 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	01:14 AM 03:44 AM 06:15 AM 08:46 AM 11:17 AM 01:48 PM 04:19 PM 06:49 PM 09:20 PM 11:51 PM
Social Science (Economics)	Economics, Chapter -4: Food Security In India	English	01:22 AM 03:53 AM 06:24 AM 08:55 AM 11:25 AM



			01:56 PM 04:27 PM 06:58 PM 09:29 PM
General English	Episode 11 Agreeing 3	English	01:51 AM 04:22 AM 06:53 AM 09:24 AM 11:54 AM 02:25 PM 04:56 PM 07:27 PM 09:58 PM
Social Science (Geography)	Contemporary India-I, Chapter 6: Population	English	02:01 AM 04:32 AM 07:03 AM 09:34 AM 12:04 PM 02:35 PM 05:06 PM 07:37 PM 10:08 PM
सोमवार, 25 सितंबर 2023 Monday, 25 September 2023			
हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला, भाग - 1	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:06 PM 10:37 PM
General English	Episode 12 Disagreeing 1	English	12:34 AM 03:05 AM 05:36 AM 08:07 AM 10:38 AM 01:08 PM 03:39 PM 06:10 PM 08:41 PM 11:12 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:48 AM 03:19 AM 05:50 AM 08:20 AM 10:51 AM 01:22 PM 03:53 PM 06:24 PM 08:55 PM 11:26 PM
Science	Chapter - 12: Sound, Part - III	English	01:23 AM 03:54 AM 06:24 AM 08:55 AM 11:26 AM 01:57 PM 04:28 PM 06:59 PM 09:30 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Bullion Stitch	English	01:51 AM 04:21 AM 06:52 AM 09:23 AM 11:54 AM 02:25 PM 04:56 PM 07:27 PM 09:58 PM
Mathematics	Chapter 13: Surface Areas and Volumes	English	01:59 AM 04:30 AM 07:01 AM 09:32 AM 12:03 PM



			02:33 PM 05:04 PM 07:35 PM 10:06 PM
सामान्य	Water Saved	हिन्दी	02:25 AM 04:56 AM 07:27 AM 09:58 AM 12:29 PM 03:00 PM 05:31 PM 08:02 PM 10:32 PM
मंगलवार, 26 सितंबर 2023 Tuesday, 26 September 2023			
हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला, भाग - 2	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
General	G20: Group of 20 Know all about G20 and India's Presidency	English	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:36 PM 06:06 PM 08:36 PM 11:06 PM
सामाजिक विज्ञान (समकालीन भारत 1)	समकालीन भारत - 1, पाठ 6: जनसंख्या	हिन्दी	12:49 AM 03:19 AM 05:49 AM 08:19 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM
General	Promotion of Healthy Lifestyle	English	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
Science	Chapter - 12: Sound, Part - III	English	01:30 AM 04:00 AM 06:30 AM 09:00 AM 11:30 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
General	Dhyana	English	01:58 AM 04:28 AM 06:58 AM 09:28 AM 11:58 AM 02:29 PM 04:59 PM 07:29 PM 09:59 PM
Mathematics	Chapter 13: Surface Areas and Volumes	English	02:02 AM 04:32 AM 07:02 AM 09:32 AM 12:02 PM



			02:33 PM 05:03 PM 07:33 PM 10:03 PM
बुधवार, 27 सितंबर 2023 Wednesday, 27 September 2023			
General	Setu Bandhasana	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
गणित	पाठ 13: पृष्ठीय क्षेत्रफल और आयतन , भाग - 1	हिन्दी	12:03 AM 02:33 AM 05:03 AM 07:33 AM 10:04 AM 12:34 PM 03:04 PM 05:34 PM 08:04 PM 10:34 PM
विज्ञान	पाठ 12: ध्वनि	हिन्दी	12:40 AM 03:10 AM 05:40 AM 08:10 AM 10:40 AM 01:10 PM 03:40 PM 06:10 PM 08:40 PM 11:10 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 5: Pastoralists in the Modern World	English	01:12 AM 03:42 AM 06:12 AM 08:42 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:42 PM
English	Beehive, Chapter - 11: If I Were You	English	01:38 AM 04:08 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM
Cultural Heritage: Art, Music & Dance	Folk Dance - Arunachal Pradesh	Musical	02:09 AM 04:39 AM 07:09 AM 09:39 AM 12:09 PM 02:39 PM 05:09 PM 07:39 PM 10:10 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:19 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:19 PM
बृहस्पतिवार, 28 सितंबर 2023 Thursday, 28 September 2023			



सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:04 PM 05:35 PM 08:06 PM 10:37 PM
गणित	पाठ 13: पृष्ठीय क्षेत्रफल और आयतन , भाग - 1	हिन्दी	12:04 AM 02:34 AM 05:05 AM 07:36 AM 10:07 AM 12:38 PM 03:09 PM 05:39 PM 08:10 PM 10:41 PM
कला और शिल्प	सुंदर फूलों की कहानी	हिन्दी	12:33 AM 03:04 AM 05:35 AM 08:06 AM 10:37 AM 01:07 PM 03:38 PM 06:09 PM 08:40 PM 11:11 PM
विज्ञान	पाठ 12: ध्वनि	हिन्दी	12:48 AM 03:19 AM 05:50 AM 08:20 AM 10:51 AM 01:22 PM 03:53 PM 06:24 PM 08:55 PM 11:25 PM
Social Science (History)	India and the Contemporary World-I, Chapter - 5: Pastoralists in the Modern World	English	01:20 AM 03:51 AM 06:22 AM 08:52 AM 11:23 AM 01:54 PM 04:25 PM 06:56 PM 09:26 PM 11:57 PM
English	Beehive, Chapter - 11: If I Were You	English	01:49 AM 04:20 AM 06:50 AM 09:21 AM 11:52 AM 02:23 PM 04:54 PM 07:24 PM 09:55 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Chain Stitch	English	02:19 AM 04:50 AM 07:21 AM 09:52 AM 12:23 PM 02:53 PM 05:24 PM 07:55 PM 10:26 PM
Cold Wave	Coldwave - शीतलहर के दौरान क्या करें - क्या ना करें	Hindi	02:26 AM 04:56 AM 07:27 AM 09:58 AM 12:29 PM 03:00 PM 05:30 PM 08:01 PM 10:32 PM
शुक्रवार, 29 सितंबर 2023 Friday, 29 September 2023			



DD Free Dish Channel #31



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2030

General	Parts of Flower	English	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
संस्कृत	पाठ 5: सूक्तिमौक्तिकम् भाग - 1	संस्कृत	12:06 AM 02:36 AM 05:07 AM 07:37 AM 10:08 AM 12:38 PM 03:09 PM 05:39 PM 08:10 PM 10:40 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	अजरख ब्लॉक प्रिंट	हिन्दी	12:40 AM 03:10 AM 05:41 AM 08:11 AM 10:42 AM 01:12 PM 03:43 PM 06:13 PM 08:43 PM 11:14 PM
सामाजिक विज्ञान (अर्थशास्त्र)	अर्थशास्त्र, पाठ 4: भारत में खाद्य सुरक्षा, भाग - 2	हिन्दी	12:47 AM 03:18 AM 05:48 AM 08:19 AM 10:49 AM 01:20 PM 03:50 PM 06:21 PM 08:51 PM 11:22 PM
कहानी	बबलू की नाव	हिन्दी	01:07 AM 03:38 AM 06:08 AM 08:39 AM 11:09 AM 01:40 PM 04:10 PM 06:40 PM 09:11 PM 11:41 PM
Science	Chapter - 12: Sound, Part - IV	English	01:30 AM 04:01 AM 06:31 AM 09:02 AM 11:32 AM 02:02 PM 04:33 PM 07:03 PM 09:34 PM
General English	Episode 3 Greeting Strangers	English	01:43 AM 04:13 AM 06:44 AM 09:14 AM 11:45 AM 02:15 PM 04:46 PM 07:16 PM 09:47 PM
Mathematics	Chapter 13: Surface Areas and Volumes	English	01:55 AM 04:25 AM 06:56 AM 09:26 AM 11:57 AM 02:27 PM 04:58 PM 07:28 PM 09:59 PM
कहानी	Sanskrit Story: Bhupati Mayadas	संस्कृत	02:21 AM 04:52 AM 07:22 AM 09:53 AM 12:23 PM



			02:53 PM 05:24 PM 07:54 PM 10:25 PM
शनिवार, 30 सितंबर 2023 Saturday, 30 September 2023			
संस्कृत	पाठ 5: सूक्तिमौक्तिकम भाग - 1	संस्कृत	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
हिन्दी	क्षितिज, पाठ 12: कैदी और कोकिला	हिन्दी	12:50 AM 03:21 AM 05:51 AM 08:21 AM 10:51 AM 01:21 PM 03:52 PM 06:22 PM 08:52 PM 11:22 PM
सांस्कृतिक विरासत: कला, संगीत और नृत्य	अजरख ब्लॉक प्रिंट	हिन्दी	01:22 AM 03:53 AM 06:23 AM 08:53 AM 11:23 AM 01:53 PM 04:24 PM 06:54 PM 09:24 PM 11:54 PM
Social Science (Political Science)	Democratic Politics-I, Chapter - 5: Democratic Rights	English	01:30 AM 04:00 AM 06:31 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:02 PM 09:32 PM
Social Science (Geography)	Contemporary India-I, Chapter 6: Population	English	01:55 AM 04:26 AM 06:56 AM 09:26 AM 11:56 AM 02:26 PM 04:57 PM 07:27 PM 09:57 PM
Hand Embroiderer	Hand Embroiderer, Unit 2 Session 2: Buttonhole Stitch	English	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:24 PM 02:54 PM 05:24 PM 07:54 PM 10:24 PM

